

**♩ = 150**

Soprano, Vocals

Electric Guitar, Guitar 1

**The Loneliness Of The Long Distance Runner**

Electric Guitar, Guitar 2

Vocals

Electric Guitar, Guitar 3

Electric Bass, Bass

Guitar 1

Drumset, Drums

2

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

4

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

3

3

5

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

3

3

6

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

9

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

10

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

11

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

12

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

3

3

13

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

14

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

15

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

16

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

18

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

8

8

20

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

8

8



22

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

8

8

24

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

8

26

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

8

8

28

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

8

8

30

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

32

$\text{♩} = 174$

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

35

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

38

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

41

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

44

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

47

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

50

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

53

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

56

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

59

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

62

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set



65

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

68

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

72

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

76

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

79

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

82

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

85

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

3

88

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

91

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

3

94

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

3

97

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

101

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

105

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

105

106

107

108

109

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

109

110

111

112

113

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

117

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8



121

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

125

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

129

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

133

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

137

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

141

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

145

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

149

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

153

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

157

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

161

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

164

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

167

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

169

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

171

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

174

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set



177

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

180

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

183

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

3

186

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

189

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

192

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

195

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

198

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

201

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

204

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

207

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

211

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

215

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

219

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

223

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

227

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set



231

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

232

233

234

235

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

236

237

238

238

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

241

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

244

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

247

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

8

3

251

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

255

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

259

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

263

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

267

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

267

271

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

271

275

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

279

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

283

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

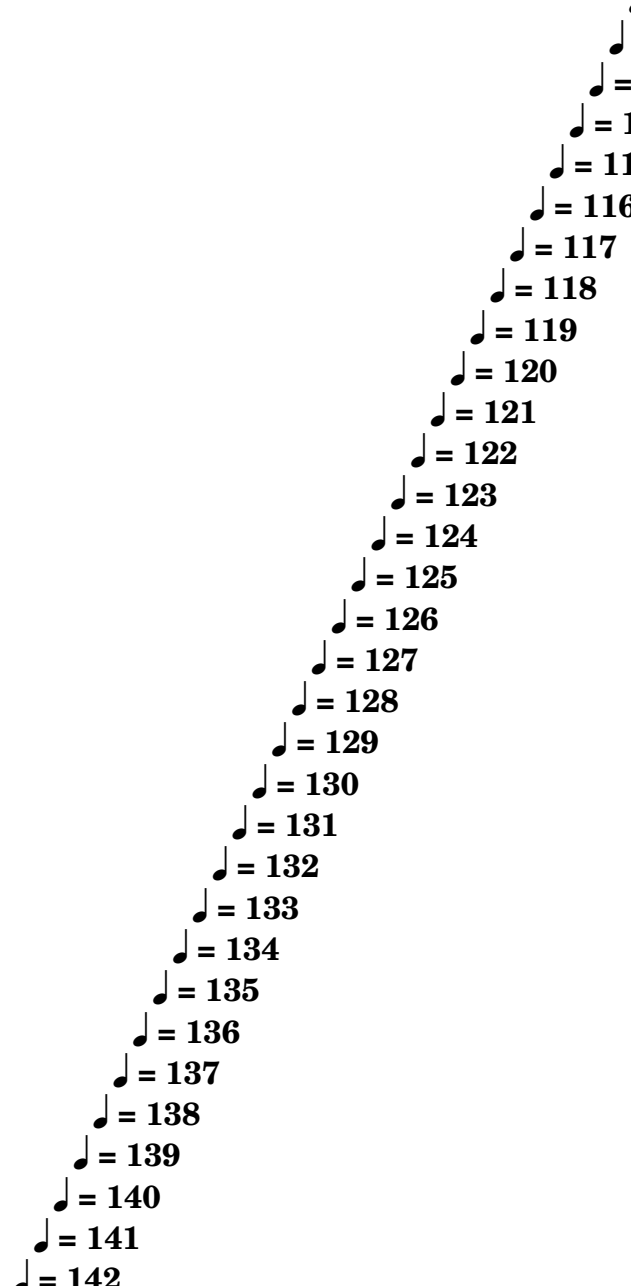
Measure 283: S. (Whole rest), El. Guit. (Bb5), El. Guit. (Bb5), El. Guit. (Bb5), El. B. (Bb2), D. Set (Bb1).

Measure 284: S. (Whole rest), El. Guit. (Bb5), El. Guit. (Bb5), El. Guit. (Bb5), El. B. (A1), D. Set (A1).

Measure 285: S. (Whole rest), El. Guit. (Bb5), El. Guit. (Bb5), El. Guit. (Bb5), El. B. (G1), D. Set (G1).

Measure 286: S. (Whole rest), El. Guit. (Bb5), El. Guit. (Bb5), El. Guit. (Bb5), El. B. (F1), D. Set (F1).





285 ♩ = 90

S.

El. Guit.

El. Guit.

El. Guit.

El. B.

D. Set

Measure 285: S. (whole rest), El. Guit. 1 (G4), El. Guit. 2 (A4), El. Guit. 3 (Bb4), El. B. (Bb2), D. Set (snare hit).

Measure 286: S. (whole rest), El. Guit. 1 (G4), El. Guit. 2 (A4), El. Guit. 3 (Bb4), El. B. (Bb2), D. Set (snare hit).